


# Mercer County Health District

People with symptoms suggestive of COVID-19	People who received a lab test for COVID-19	People who have not received a lab test for COVID-19	People who were exposed to someone with COVID-19	People with symptoms caused by another condition
<p><b>Symptoms:</b> At least <b>two</b> of the following: fever (measured or subjective), chills, rigors, muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose Or <b>One</b> of the following: cough, shortness of breath, difficulty breathing, new olfactory disorder, or new taste disorder.</p> <p>Persons with the above symptoms should be sent home from school and should seek evaluation by their primary care provider or another healthcare provider.</p> <p><b>Definitions:</b> <b>Quarantine:</b> No symptoms and exposed to someone with or presumed to have COVID-19. <b>Optimal duration:</b> stay home for at least 14 days. <b>Reduced duration 1:</b> Stay home for 10 days and self-monitor for symptoms for 14 days. <b>Reduced duration 2:</b> stay home for 7 days and test negative. <b>Isolation (ill):</b> Have symptoms consistent with COVID-19. Stay home for 10 days after symptoms began.</p>	<p><b>Pending test result:</b> Home isolation of person and quarantine of their household while result is pending</p> <p><b>Positive test result:</b> Isolate at home; Return to school after 10 days since first symptoms AND no fever for at least 24 hours without fever-reducing medicines AND symptoms improving.</p> <p>Household members and close contacts (people who have been within 6 feet of someone with COVID-19 for 15 minutes or more) are to quarantine at home for 10 days and self-monitor for 14 days.</p> <p><b>Negative test result AND a healthcare provider has determined COVID-19 remains the most probable diagnosis (i.e. an alternative diagnosis does not explain symptoms):</b> Isolate at home; Return to school after 10 days since first symptoms AND no fever for at least 24 hours without fever-reducing medicines AND symptoms improving</p> <p>Household members and close contacts are to quarantine at home for 10 days and self-monitor for 14 days.</p>	<p><b>COVID-19 diagnosis without lab confirmation:</b> Isolate at home; Return to school after 10 days since first symptoms AND no fever for at least 24 hours without fever-reducing medicines AND symptoms improving</p> <p><b>If a person does not seek medical evaluation:</b> Isolate at home; Return to school after 10 days since first symptoms AND no fever for at least 24 hours without fever-reducing medicines AND symptoms improving</p> <p>It is recommended that these people contact their primary care provider.</p>	<p>Persons should quarantine at home for 10 days and self-monitor for 14 days from last exposure if they were a close contact (within 6 feet for 15 minutes or longer) to a person with diagnosed COVID-19 during the infectious period.</p> <p>Infectious periods: A person with COVID-19 is considered infectious beginning 48 hours before their first symptom through Day 10 after their first symptom. The day of their first symptom is Day 0.</p> <p>An asymptomatic person is considered infectious 48 hours before their test date through Day 10 after their test date. The test date is Day 0.</p>	<p>Stay home until symptoms have improved. Follow specific guidance from provider.</p> <p>Follow ODH communicable disease chart and school policy on return to school for other illnesses.</p> <p>Please see the attached ODH Recommended Options.</p> <p>Please note that Mercer Health Hospital is not testing persons that do not have symptoms.</p> <p>Please note that the Mercer County Health District will not have negative test results.</p> <div data-bbox="1732 1201 2026 1412" style="text-align: center;">  <p>MERCER COUNTY <b>HEALTH DISTRICT</b></p> </div> <p>12-7-2020</p>